



Charles River Zen

Diamond Sutra: Study and Practice

November 7 – 9, 2014

Friday, November 7

3:00 PM - 5:00 PM	Arrive
4:30 PM - 5:00 PM	Newcomer Instructions
5:15 PM	Silent dinner
6:30 PM - 8:30 PM	Introductions, Opening Lectures (Sōgen, Kendo)
8:30 PM - 9:00 PM	Zazen and Closing

Saturday, November 8

5:00 AM	Kaijo (wake-up)
5:30 AM	Choka (chanting), Zazen
7:00 AM	Silent Breakfast, Cleanup
9:00 AM - 11:15 AM	Diamond Sutra Study
11:30 AM – 12:00 PM	Zazen
12:15 PM	Lunch, Cleanup
2:00 PM - 4:00 PM	Diamond Sutra Study
4:30 PM	Banka (chanting)
5:30 PM	Dinner, Cleanup
7:00 PM - 8:30 PM	Diamond Sutra Study
8:30 PM - 9:00 PM	Zazen and Kaichin (closing)

Sunday, November 9

5:00 AM	Kaijo (wake-up)
5:30 AM	Choka, Zazen
7:00 AM	Silent Breakfast, Cleanup
9:00 AM – 11:15 AM	Diamond Sutra Study, Wrap-Up and Reflections
11:30 AM – 12:00 PM	Zazen
12:30 PM by 3:00 PM	Closing, Lunch, Cleanup Departure